

Do not skip any statement and select only one answer per statement.

Score

- |     |   |                   |  |                      |   |
|-----|---|-------------------|--|----------------------|---|
| 1.  | I feel tired  | yes, that is true | <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | no, that is not true | 7 |
| 2.  | I feel very active                                      | yes, that is true | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | no, that is not true | 6 |
| 3.  | Thinking requires effort                                | yes, that is true | <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | no, that is not true | 7 |
| 4.  | Physically, I feel exhausted                            | yes, that is true | <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | no, that is not true | 7 |
| 5.  | I feel like doing all kinds of nice things              | yes, that is true | <del>yes</del> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>           | no, that is not true | 2 |
| 6.  | I feel fit  | yes, that is true | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | no, that is not true | 4 |
| 7.  | I think I do a lot in a day                             | yes, that is true | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | no, that is not true | 6 |
| 8.  | When I am doing something, I can keep my thoughts on it | yes, that is true | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | no, that is not true | 5 |
| 9.  | I feel weak   | yes, that is true | <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | no, that is not true | 7 |
| 10. | I think I do very little in a day                       | yes, that is true | <input type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | no, that is not true | 6 |
| 11. | I find it easy to concentrate                           | yes, that is true | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> | no, that is not true | 7 |
| 12. | I feel rested   | yes, that is true | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> | no, that is not true | 7 |
| 13. | It takes a lot of effort to concentrate on things       | yes, that is true | <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | no, that is not true | 7 |
| 14. | Physically I am in bad shape                            | yes, that is true | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | no, that is not true | 4 |
| 15. | I have a lot of plans                                   | yes, that is true | <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | no, that is not true | 1 |
| 16. | I tire easily   | yes, that is true | <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | no, that is not true | 7 |
| 17. | I get little done                                       | yes, that is true | <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | no, that is not true | 7 |
| 18. | I don't feel like doing anything                        | yes, that is true | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | no, that is not true | 3 |
| 19. | My thoughts easily wander                               | yes, that is true | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | no, that is not true | 4 |
| 20. | Physically I feel I am in good shape                    | yes, that is true | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | no, that is not true | 4 |

Fatigue	47	25th
Concentration	30	50th +
Motivation	12	25th
Activity	19	50th - 75th