

2.5	Cortif
1000	Fishoil
100	Antibiotic
5	Lexipro
300	ALA
1200	Mucinex
1000	V. C
500	Potassium
200	Magnesium
1000	L Carintine
25	Zink
400	COQ10
20	Aderall
5mg	Mb12
3	AD12
1600	mfolate
100	b2
noon	
100	B2
500	Potassium
800mcg	M folagte
1000	V. C
	tyrosine phyad
Afternoon	
1000	Fishoil
1000	L carintine
	Olive leaf ext
50	DHEA
300	ALA
	V E w. selenium
	B Multi
25	Zink
400	CoQ10
1000	V. C
1600	Mfolate
500	Potassium
200	Magnesium
Evening	
3	Melatonin
100	Antibiotic
500	Lysine
5000	V. D.
75	Noritriptyline
10	singular
81	Aspirin