

XMRV SOCKS based on 'Look at me socks'

(<http://www.woolworks.org/patterns/looksox.txt>) c 1998

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Using the first number the sock will be ~6.5 inches tall,
using the other ~11.5 inches tall.

Use more rows in the foot for larger sizes, the
unstretched top of this measures ~8 inches. (If you have
larger calves you may not want to do the long version).

The original pattern has been modified only to show the
striping pattern based on the XMRV sequence, and only
for a small area of interest.

Needles: 3 mm (US you don't have a proper equivalent--
between size

2 and 3 --I'd go for the size 3 unless you knit really
loosely)

2 skeins sock yarn in black or cream (MC)

1 ea skein sock yarn in blue (B), red (R), green (G) and
purple(P)

{Recommended: tubular cast on --use your favourite
cast on, but it does need to be stretchy.}

Starting at the top: Cast on 56 sts using a fairly stretchy
cast

on, being careful not to twist, join into circle. (18,18,20)

Work 15 rounds MC in k 1, p1 ribbing.

The following are all in stockinet:

Work 2 (4) rounds P

Work 1 (2) rounds B

Work 2 (4) rounds P

Work 1 (2) rounds R

Work 2 (4) rounds B

Work 1 (2) rounds P
Work 24 (48) rounds MC
Work 1 (2) rounds B
Work 1 (2) rounds G
Work 2 (4) rounds B
Work 3 (6) rounds P
Work 1 (2) rounds R
Work 1 (2) rounds P
Work 1 (2) rounds R
Work 1 (2) rounds G
Work 2 (4) rounds B
Work 1 (2) rounds R
Work 1 (2) rounds P
Work 1 (2) rounds B
Work 1 (2) rounds G

(The rest is in MC)

HEEL FLAP:

(worked on 28 sts)

sl 1 as if to k, k1, *sl 1 as if to p, k1, repeat from *
across row, turn

sl 1 as if to p, p to end, turn,

Work 22 more rows (total of 24 rows on heel flap)

Shape heel:

sl1(all further sl sts are done as if to p), k 14, k2tog, k1,
turn

sl1, p3, p2 tog, p1,turn,

sl1, k4, k2tog, k1, turn,

sl1, p5, p2tog,p1, turn,

sl1, k6, k1tog, k1, turn,

continue in this manner until all stitches have been
worked across

heel, and 16 sts remain on heel flap.

Pick up for instep gusset:

k across heel flap stitches, pick up and knit 12 sts up side of heel flap, inserting needle into each sl st in turn to form new stitches, k 1 st from "holding" needles. Transfer remainder of "held" stitches onto one needle. K across 26 sts. This leaves one st remaining on "held" needle. K this st onto fresh needle, pick up and k 12 sts from other side of heel flap, k to centre of heel sts. This should give you: 21 sts, 26 sts, 21 sts. on 3 needles.

Instep and gusset:

*K to last 4 sts on 1st needle, k2tog, k2, K all sts on 2nd needle, k 2 on 3rd needle, ssk (or k2tog tbls), k to end.
next rnd: Knit*
Repeat from * to ** until a total of 54 sts remain.
(13,28,13)

Continue to knit even until sock is 2" from desired foot length
(In my case this is 53 rows, but I have very small feet-- it's more likely to be 60 rows for most people)

TOE:

Sts should be arranged 13, 27, 14
*K to last 3 sts on 1st needle, k2tog, k1, (2nd ndl) k1, ssk, to to last 3 sts, k2 tog, k1, (3rd Ndl), k1, ssk, k to end.
Next rnd: K**
Repeat from * to ** until 22 sts remain.

k sts from 1st needle onto 3rd needle (this gives you 11
sts on
each of 2 needles)
Kitchener the toe sts together.