IRB Approved: 10/12/2016
Expiration Date: 04/27/2017
CORIHS, Stony Brook University

New NIH-funded Study: Daily Activity Patterns and Heart Rate Variability in ME/CFS

Volunteers with ME/CFS for research study needed

Highlights

- Find out if activity patterns (such as “push-crash”) and life events are related to heart rate variability (changes in your heart rate)
- Find out if heart rate variability can be used to predict your relapses and setbacks
- Discover if improving or worsening illness is related to your activity levels, life events, and heart rate variability

Study specifics

- Home-based; no face to face visits
- Participation in study activities over 6 months
- Study volunteers paid up to $625 for full participation
- Study tasks for volunteer participants include:

  Periodically wearing a small heart monitor
  Wearing a daytime activity monitor
  Completing a weekly online web diary
  Completing questionnaires

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