

B₁₂, Thyroid and Your Patient

Linking nutrition, genetics & data

A conference for healthcare professionals

Saturday 16th May 2015 at Loughborough University

Sally Pacholok
RN BSN



Speaking on . . .
The effect of B₁₂ deficiency on all body systems. Symptoms, causes, those at risk, and common misdiagnoses.

Sally is an emergency room nurse with 28 years experience. Prior to entering the field of nursing, she received an Associate's Degree of Applied Science with magna cum laude honours.

She is an international lecturer and along with her husband Dr. Jeffrey Stuart, authored 'Could It Be B₁₂? An Epidemic of Misdiagnoses', and 'What's Wrong With My Child? From Neurological & Developmental Disabilities to Autism...How to Protect Your Child from B₁₂ Deficiency'.

Sally is dedicated to educating the public and health care providers about the consequences of B₁₂ deficiency.

www.b12awareness.org

Lorraine Cleaver
Expert Patient



Speaking on . . .
Diagnosis and treatment of thyroid disease from a patient's perspective.

Lorraine is a Scottish thyroid patient who now campaigns for change in the way thyroid disease is diagnosed and treated in the UK.

Her petition to the Scottish Parliament has resulted in Scottish Intercollegiate Guidelines Network agreeing to write guidelines with regard to patients who don't respond to Levothyroxine and the European Parliament are currently dealing with her petition regarding the lack of treatment options within the NHS for thyroid patients.

She speaks at medical conferences around Europe and has written for the BMJ on the situation from a patient's perspective.

www.scottish.parliament.uk/GettinGInvolved/Petitions/PE01463

Umahro Cadogan
Adjunct Professor of Nutrition



Speaking on . . .
Genetic polymorphisms and the role of B₁₂ and folate in methylation.

Umahro is an expert in nutrition. He is affiliated with the University of Western States, Portland, Oregon as an Adjunct Professor on their Masters Degree in Nutrition and Functional Medicine, for which he helped design the syllabus.

He was a technical reviewer on 'The Textbook of Functional Medicine' and has taught widely in Europe the US and his home country of Denmark, where he runs a busy Functional Medicine practice in Copenhagen.

Umahro is one of the authors of 'Nutrition and Mental Health: a Handbook: An Essential Guide to the Relationship Between Diet and Mental Health'.

www.umahro.dk

Dr. Malcolm Kendrick
MbChB, MRCGP GP



Speaking on . . .
Doctoring data - how data are manipulated to present information in wildly inaccurate ways.

Dr Kendrick is an experienced GP living and working in Cheshire, an informative and entertaining speaker, author and blogger.

He has been researching heart disease for many years. He was elected to Who's Who for his work in this area.

He acts as a peer reviewer for the BMJ, and lectures widely on heart health to fellow doctors.

Dr Kendrick's most recent book is 'Doctoring Data - How to sort out medical advice from medical nonsense'.

He also authored 'The Great Cholesterol Con - The truth about what really causes heart disease and how to avoid it'.

www.drmalcolmkendrick.org



Book online at www.b12deficiency.info/bookings
Further information visit
www.b12deficiency.info/conference

Tickets: £74.00 inc. VAT
Lunch and refreshments included.

Early bird discount £62.00 inc. VAT
available until 24th April.