

**Protocol for Blood Sample Submission**  
*University of Hawaii Department of Anatomy, Biochemistry, and Physiology*

Blood Sample:

- 1) Draw 5-10 ml in a Tiger Top or Plain Red tube.
- 2) Spin blood, remove **serum** from tubes and place in a new, clean tube (at least 5 ml of serum is required for testing purposes, however, as much serum as you can provide would be helpful).
- 3) Fully seal tube and label with the patient's name, contact information and date. Keep serum cold (do not freeze). See shipping requirements below.

Shipping:

- 1) Tube should be placed in a sturdy container and packaged to **PREVENT BREAKAGE**. Pack with some form of coolant (i.e. ice pack, gel pack) and reinforce with packing material. Seal package, place in shipping box.
- 2) Label package including physician's and/or patient's **complete address, phone/fax numbers, email address (if available)**. Please check the 'No Signature Required' box in Section 8 of the FedEx airbill.
- 3) Ship **overnight priority** via FedEx to:  
Dr. Harry Davis  
University of Hawaii at Manoa, JABSOM  
Department of Anatomy, Biochemistry, and Physiology  
1960 East-West Rd. , Biomedical Bldg. T-606  
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